



## The Death Doula Certificate

**Self-Directed Time:** Includes module-based study and work on the capstone project. During this time, students must complete instructor-assigned tasks, which are required to pass the program.

Module	Title	Class Time	Class Activities (In-Class)	Self-Directed Activities (Outside Class)	Total Hours
<b>Module 1</b>	Foundations of Death Doula Practice	4 half-days - 16 hours	<ul style="list-style-type: none"> <li>• Introduction to the role of the death doula</li> <li>• Principles, boundaries, and scope of practice</li> <li>• Overview of death and dying</li> <li>• Stages of dying and needs of the dying person</li> <li>• Communication skills and cultural sensitivity</li> <li>• Emotional, spiritual, and physical support basics</li> </ul>	- 4 hours	20 hours
<b>Module 2</b>	Deep Dive into Practice + Simulation	4 half-days - 16 hours + 1 full-day simulation	<ul style="list-style-type: none"> <li>• Advanced communication &amp; grief support</li> <li>• Supporting complicated loss and trauma</li> <li>• Cultural rituals and spiritual practices</li> <li>• Ethics, legal frameworks, and healthcare navigation</li> <li>• Simulation: role-playing with actor and feedback from facilitator (1 full day)</li> </ul>	- 4 hours + 10 hours required reading	36.5 hours
<b>Module 3</b>	Business Setup & Professional Growth	4 half-days - 16 hours	<ul style="list-style-type: none"> <li>- Capstone project - Designing your doula practice</li> <li>- Legal &amp; financial setup</li> <li>- Setting boundaries &amp; ethical charging</li> <li>- Marketing, outreach, and working with families</li> <li>- Capstone guidance and planning</li> </ul>	- 14 hours	30 hours
<b>Final exam</b>	EELM	~1.5	Actor based simulation assessment		~1.5 hrs /student